




ENJOY LIFE FOREVER!

INTRODUCTORY BIBLE LESSONS

How to get the most out of these Bible lessons

Study with a teacher: Request a Bible study from the person who gave you this brochure, or submit a request on our website, jw.org.



01

How Can the Bible Help You?

Nearly all of us have questions about life, suffering, death, and the future. We are also concerned about day-to-day matters, such as making a living or having a happy family. Many people find that the Bible not only helps them answer their big questions but also gives them practical advice for daily living. Do you think that the Bible can help anyone else here?

A 1. What are some questions that the Bible answers?

The Bible answers these important questions: How did life begin? Why are we here? Why do innocent people suffer? What happens when a person dies? If everyone wants peace, why is there so much war? What will happen to the earth in the future? The Bible encourages us to seek answers to such questions, and millions have found its answers very satisfying.

B 2. How can the Bible help us to enjoy our daily life?

The Bible gives us good advice. For example, it teaches families how to be truly happy. It offers advice on how to deal with stress and how to enjoy our work. You will learn what the Bible teaches about these topics and much more as we discuss this material together. You may come to agree that “all Scriptures [emphasize in the Bible] in . . . beneficial.”—2 Timothy 3:16.

This publication does not replace the Bible. Rather, it encourages you to examine the Bible for yourself. Therefore, we urge you to read the scriptures that are listed in several lessons and compare them with what you are learning.

5

DIG DEEPER

Consider how the Bible has helped people, how you can enjoy reading it, and why it is good to get help to understand it.

C

D 3. The Bible can guide us

The Bible is a powerful light. We can use the Bible to show us how to make good decisions and to help us see what lies ahead. Read **Psalm 119:105**, and then discuss these questions:

- How did the spirit of this psalm view the Bible?
- How do you view the Bible?

E

4. The Bible can answer our questions

One woman found that the Bible provided answers to questions that had troubled her for many years. Read **John 15:18**, and then discuss the following:

- In the video, what sort of questions did this woman have?
- How did studying the Bible help her?

The Bible encourages us to ask questions. Read **Matthew 7:7**, and then discuss the following:

- What questions do you have that the Bible may be able to answer?

5. You can enjoy reading the Bible

Many people enjoy reading the Bible and are benefited from it. Help one friend, and then discuss the questions that follow:

- In the video, how did the young people feel about reading in general?
- Why do they now feel differently about reading the Bible?

The Bible says it can give us instruction that comforts us and gives us hope. Read **Romans 15:4**, and then discuss the question:

- Does the Bible’s promise of comfort and hope interest you?

F

6. Others can help us to understand the Bible

In addition to reading the Bible on their own, many have found that discussing it with others is helpful. Read **Acts 17:24-26**, and then discuss this question:

- How can we understand the Bible?—See verses 30 and 31.

G

SOME PEOPLE SAY: “Studying the Bible is a waste of time.”

- What would you say? Why?

7

H

SUMMARY

The Bible offers advice for daily life, answers important questions, and gives people comfort and hope.

Review

- What kind of advice can we read in the Bible?
- What are some questions that the Bible answers?
- What would you like to learn from the Bible?

I

Goal

Read the first part of the next lesson.

Other:

J

EXPLORE

Consider how the Bible offers us practical help.

1. Bible Study

—Teacher: What? (The Disciples: 1:10)

See how the Bible helped a man who had struggled with the emotions that often lead.

2. My Happy Day

—The Disciple

Describe the Bible’s practical advice for every day.

3. 10 Verses of Goodwill

—Teacher: What? (1:20)

Learn how the Bible offers us a practical way to deal with the world.

4. My Hope in the Bible

—Jill Leigh

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FIRST PART

Read each paragraph, including the bold questions (A) and scriptures (B) that emphasize the main points. Note that some scriptures are marked to “read.”

MIDDLE PART

The initial statement (C) under *Dig Deeper* explains what follows. Subheadings (D) outline the discussion. Read the scriptures, answer the questions, and watch the videos (E). Consider the artwork and captions (F), and think of how to answer what *Some People Say* (G).

LAST PART

Summary and Review (H) wrap up the lesson. Enter the date when the lesson is completed. *Goal* (I) gives you something to work on. *Explore* (J) contains optional information for you to read or watch.

A JOHN 16:33—17:24

you will have tribulation, but take courage. **B** I have conquered the world.”

17 Jesus spoke these things, and raising his eyes to heaven, he said: “Father, the hour has come. Glorify your son so that your son may glorify you, **2** just as you have given him authority over all flesh, so that he may give everlasting life to those whom you have given to him. **C** This means everlasting life, their coming to know you, the only true God, and the one whom you sent, Jesus Christ. **4** I have glorified you on the earth,

How to find Bible verses

Scriptures are indicated by the Bible book (A), the chapter (B), and the verse or verses (C). For example, **John 17:3** refers to the book of John, chapter 17, verse 3.



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1. What are some questions that the Bible answers?

The Bible answers these important questions: How did life begin? Why are we here? Why do innocent people suffer? What happens when a person dies? If everyone wants peace, why is there so much war? What will happen to the earth in the future? The Bible encourages us to seek answers to such questions, and millions have found its answers very satisfying.

2. How can the Bible help us to enjoy our daily life?

The Bible gives us good advice. For example, it teaches families how to be truly happy. It offers advice on how to deal with stress and how to enjoy our work. You will learn what the Bible teaches about these topics and much more as we discuss this material together. You may come to agree that **“all Scripture [everything in the Bible] is . . . beneficial.”**—2 Timothy 3:16.

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DIG DEEPER

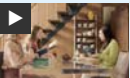
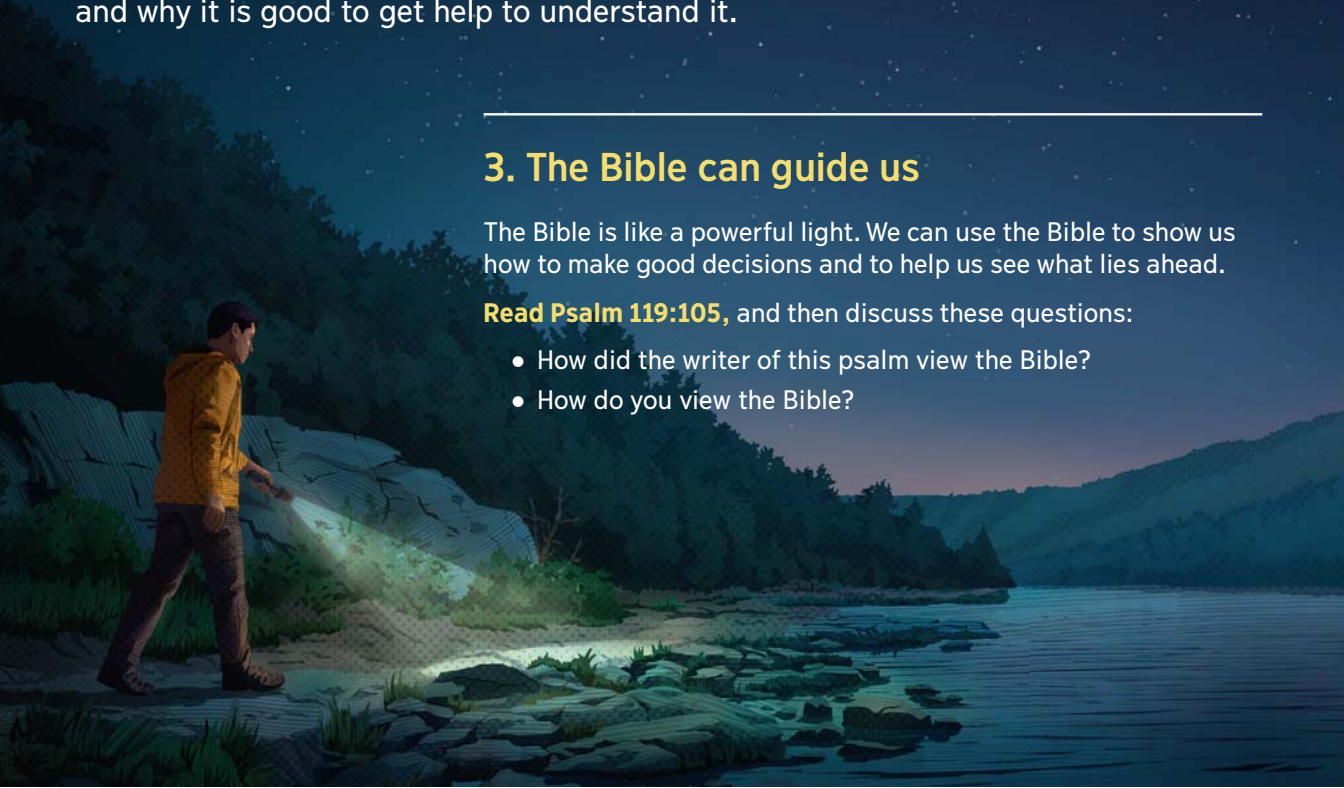
Consider how the Bible has helped people, how you can enjoy reading it, and why it is good to get help to understand it.

3. The Bible can guide us

The Bible is like a powerful light. We can use the Bible to show us how to make good decisions and to help us see what lies ahead.

Read Psalm 119:105, and then discuss these questions:

- How did the writer of this psalm view the Bible?
- How do you view the Bible?



VIDEO: *Never Give Up Hope!*
(1:48)

4. The Bible can answer our questions

One woman found that the Bible provided answers to questions that had troubled her for many years. **Play the VIDEO**, and then discuss the questions that follow.

- In the video, what sort of questions did this woman have?
- How did studying the Bible help her?

The Bible encourages us to ask questions. **Read Matthew 7:7**, and then discuss the following:

- What questions do you have that the Bible may be able to answer?



VIDEO: *Bible Reading* (2:05)

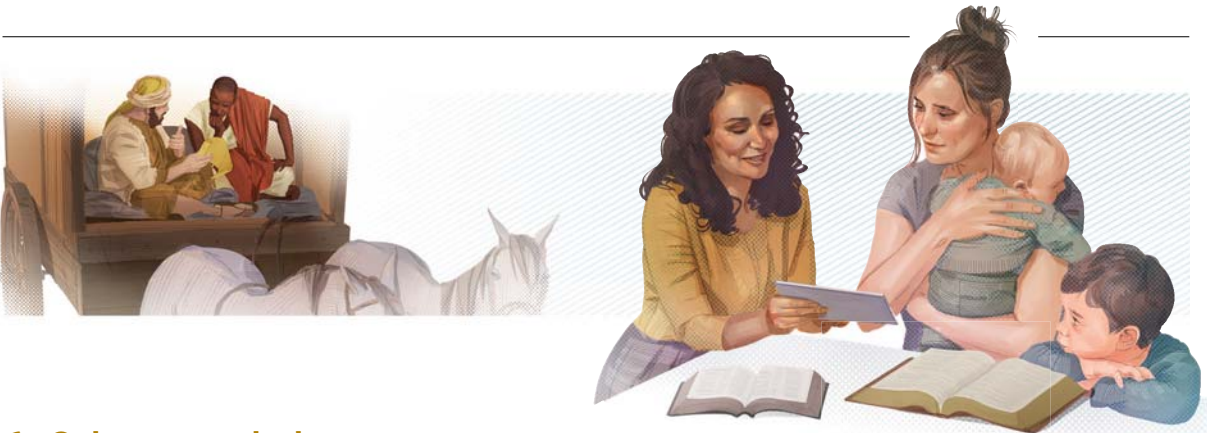
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Many people enjoy reading the Bible and are benefiting from it. **Play the VIDEO**, and then discuss the questions that follow.

- In the video, how did the young people feel about reading in general?
- Why do they now feel differently about reading the Bible?

The Bible says it can give us instruction that comforts us and gives us hope. **Read Romans 15:4**, and then discuss this question:

- Does the Bible's promise of comfort and hope interest you?



6. Others can help us to understand the Bible

In addition to reading the Bible on their own, many have found that discussing it with others is helpful. **Read Acts 8:26-31**, and then discuss this question:

- How can we understand the Bible?—See verses 30 and 31.

The Ethiopian man needed help to understand the Scriptures. Many people today find it helpful to discuss the Bible with others

SOME PEOPLE SAY: “Studying the Bible is a waste of time.”

- What would you say? Why?

SUMMARY

The Bible offers advice for daily life, answers important questions, and gives people comfort and hope.

Review

- What kind of advice can we find in the Bible?
- What are some questions that the Bible answers?
- What would you like to learn from the Bible?

Lesson completed on

Goal

- Read the first part of the next lesson.
- Other:

EXPLORE



Consider how the Bible's advice is practical today.

**“Bible Teachings
—Timeless Wisdom”**
(*The Watchtower* No. 1 2018)



See how the Bible helped a man who had struggled with his emotions since childhood.

***How My Happy New
Life Began***



Examine the Bible's practical advice for family life.

**“12 Secrets of Successful
Families”** (*Awake!* No. 2 2018)



Learn how the Bible clears up a common misconception about who really rules the world.

Why Study the Bible?
—Full Length



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The Bible Gives Hope

People around the world deal with problems that cause them to feel sadness, anxiety, and even pain. Have you ever faced a situation that made you feel those things? Perhaps you are suffering because of an illness or because someone you love has died. You may ask yourself, 'Will life ever get better?' The Bible provides a reassuring answer to that question.

1. How does the Bible give hope?

The Bible not only explains why the world is filled with problems but also shares the good news that these problems are temporary and will soon be gone. The Bible's promises can **"give you a future and a hope."** (Read Jeremiah 29:11, 12.) Those promises help us to cope with our present problems, to have a positive attitude, and to find lasting happiness.

2. What kind of future does the Bible describe?

The Bible describes a future time when **"death will be no more, neither will mourning nor outcry nor pain be anymore."** (Read Revelation 21:4.) The problems that can make life seem hopeless today—such as poverty, injustice, sickness, and death—will no longer exist. The Bible promises that humans will be able to enjoy life forever in Paradise on earth.

3. How can you build up your trust in the hope the Bible gives?

Many people hope for good things to happen, but they cannot be sure that their hopes will ever be fulfilled. What the Bible promises is different. We can build up our trust in what it says by **"carefully examining the Scriptures."** (Acts 17:11) As you study the Bible, you will be able to decide for yourself whether you can believe what it says about the future.

DIG DEEPER

Examine some of the conditions that the Bible promises for the future. See how the hope the Bible gives is helping people today.



4. The Bible offers the hope of everlasting life in perfect conditions

Look at the following list of promises found in the Bible. Which ones especially appeal to you? Why?

Read the scriptures cited next to those promises, and consider these questions:

- Do you feel that these scriptures give hope? Could they give hope to your family and friends?

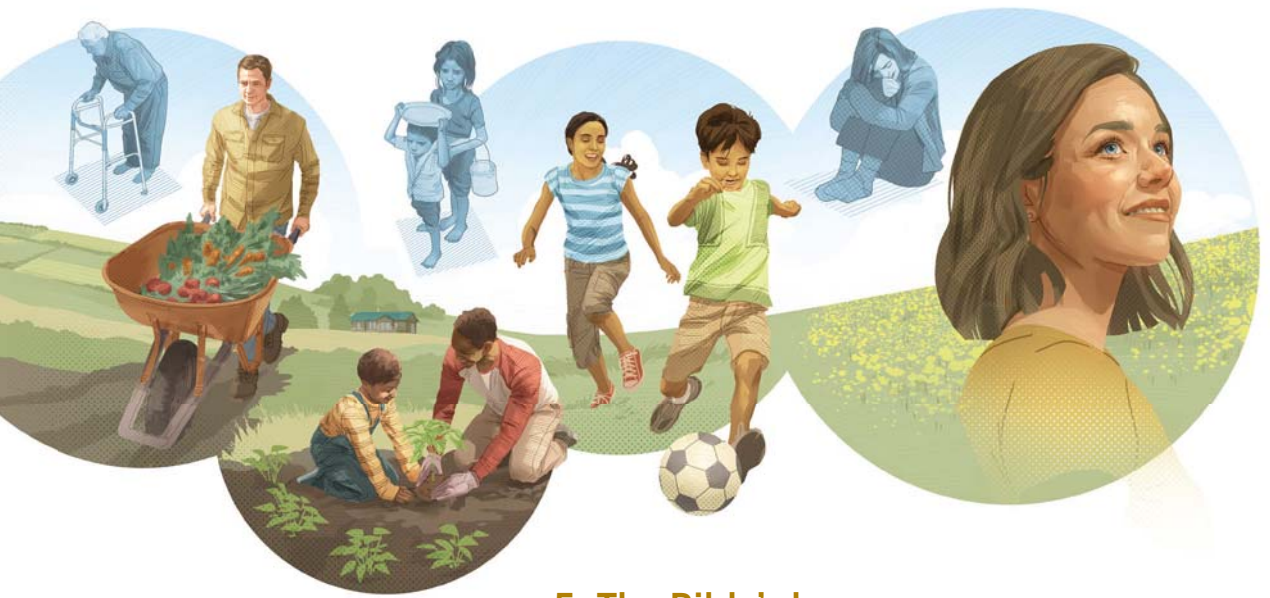
Picture living in a world where

NO ONE WILL . . .

- feel pain, weaken with age, or have to die.—Isaiah 25:8.
- get sick or live with a disability.—Isaiah 33:24; 35:5, 6.
- experience injustice.—Isaiah 32:16, 17.
- suffer as a result of war.—Psalm 46:9.
- be plagued by troubling thoughts or memories.—Isaiah 65:17.

EVERYONE WILL . . .

- see dead loved ones resurrected, brought back to life on earth.—John 5:28, 29.
- enjoy good health and youthful energy.—Job 33:25.
- have plenty to eat, a comfortable home, and satisfying work.—Psalm 72:16; Isaiah 65:21, 22.
- experience complete peace.—Psalm 37:11.
- live forever in ideal conditions.—Psalm 37:29.




5. The Bible's hope can make a difference

Many people are discouraged or even angered by the problems they see around them. Some fight to try to change things for the better. See how the Bible's promise that things will get better helps people now. [Play the VIDEO](#), and then discuss the questions that follow.


- In the video, what injustice troubled Rafika?
- Although the injustice that she saw did not go away, how did the Bible help her?

The hope that the Bible offers for the future can help us to battle discouragement and cope with our problems successfully. [Read Proverbs 17:22 and Romans 12:12](#), and then discuss these questions:

- Do you think that the message of hope found in the Bible could make a difference in your life now? Why?



VIDEO: *I Wanted to Fight Injustice*
(4:07)



SOME PEOPLE SAY: “The Bible’s promises for the future are too good to be true.”

- Why do you think it is important to examine the evidence?

SUMMARY

The Bible gives us hope and helps us to cope with challenges by promising a future filled with happiness.

Review

- Why do people need hope?
- What does the Bible say about the future?
- How can having a hope for the future help you now?

Lesson completed on

Goal

- Become more familiar with the Bible's promises by reading the verses listed in this lesson.
- Other:

EXPLORE



Learn more about the power of hope.

“Hope—Where Can You Find It?” (*Awake!*, April 22, 2004)



Discover how hope for the future can help those who are living with chronic illness.

“Living With Chronic Illness—Can the Bible Help?”
(Web article)



When you watch this music video, picture yourself and your family enjoying life in the Bible's promised future Paradise.

Imagine the Time



Read how a social activist's life changed once he learned the Bible's hope for the future.

“I No Longer Feel That I Have to Change the World”
(*The Watchtower*, July 1, 2013)



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Can You Trust the Bible?

The Bible makes many promises and offers much advice. Likely you are curious about what it teaches, but perhaps you are also cautious. Should you trust promises and advice from such an old book? Can you really believe what the Bible says about enjoying life now and in the future? Millions of people do. Let us see whether you can too.

1. Is the Bible a book of fact or fiction?

The Bible claims to be a record of **“accurate words of truth.”** (Ecclesiastes 12:10) It relates real events that involved real people. (Read Luke 1:3; 3: 1, 2.) Many historians and archaeologists have confirmed the accuracy of important dates, people, places, and events described in the Bible.

2. Why can we say that the Bible is not out-of-date?

In many ways, the Bible has proved to be ahead of its time. For example, it touches on scientific subjects. Much of what it says on those subjects was controversial when it was written. However, modern science confirms that what the Bible says is accurate. It is **“always reliable, now and forever.”**
—Psalm 111:8.

3. Why can we trust what the Bible says about the future?

The Bible contains prophecies* that foretell **“the things that have not yet been done.”** (Isaiah 46:10) It accurately foretold numerous historical events long before they occurred. It also described today’s world conditions in striking detail. In this lesson, we will examine some of the Bible’s prophecies. Their accuracy is amazing!

* Prophecies include messages from God about future events.

DIG DEEPER

Examine how modern science agrees with the Bible, and investigate a few impressive Bible prophecies.

4. Science agrees with the Bible

In ancient times, most people believed that the earth rested upon something. [Play the VIDEO.](#)



VIDEO: *The Earth Hangs Upon Nothing* (1:13)

Notice what was recorded in the book of Job some 3,500 years ago. **Read Job 26:7**, and then discuss this question:

- Why is the statement that the earth is suspended “upon nothing” surprising?

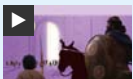
It was not until the 1800’s that the earth’s water cycle was well understood. Yet, notice what the Bible stated thousands of years ago.

Read Job 36:27, 28, and then discuss these questions:

- Why is this simple description of the water cycle remarkable?
- Do the scriptures you just read strengthen your trust in the Bible?



The Bible describes earth’s water cycle



VIDEO: *The Bible Foretold the Fall of Babylon* (0:58)

5. The Bible foretold important events

Read Isaiah 44:27–45:2, and then discuss this question:

- What details did the Bible foretell 200 years before the fall of Babylon?

[Play the VIDEO.](#)

History confirms that King Cyrus of Persia and his army conquered the city of Babylon in 539 B.C.E.* They diverted the river that protected the city. After entering the city through gates that had been left open, they captured it without a battle. Today, over 2,500 years later, Babylon lies in ruins. Note what the Bible foretold.

Read **Isaiah 13:19, 20**, and then discuss this question:

- How does what happened to Babylon confirm the fulfillment of this prophecy?

* B.C.E. means “Before the Common Era,” and C.E. means “Common Era.”



Babylon’s ruins in modern-day Iraq

6. The Bible foretold things we see today

The Bible refers to our time as “the last days.” (2 Timothy 3:1) Notice what the Bible foretold about this time period.

Read **Matthew 24:6, 7**, and then discuss this question:

- What significant conditions did the Bible say would exist during the last days?

Read **2 Timothy 3:1-5**, and then discuss these questions:

- What common attitudes of people during the last days did the Bible describe?
- Which of these attitudes have you observed?



SOME PEOPLE SAY: “The Bible is a book of myths and legends.”

- In your opinion, what is the strongest evidence that the Bible is trustworthy?

SUMMARY

History, science, and prophecy all indicate that you can trust the Bible.

Review

- Is the Bible a book of fact or fiction?
- What are some areas where science agrees with the Bible?
- Do you think that the Bible foretells the future? Why, or why not?

Lesson completed on

Goal

- To strengthen your trust in the Bible, read or watch one of the items in the Explore section.
- Other:

EXPLORE



Are there scientific errors in the Bible?

“Does Science Agree With the Bible?” (Web article)



What are the facts about “the last days”?

“6 Bible Prophecies You Are Seeing Fulfilled”
(*The Watchtower*, May 1, 2011)



Learn how Bible prophecies about the Greek Empire came true.

Fortified by
“the Prophetic Word”



Discover how Bible prophecies changed one man’s view of the Bible.

“For Me, God Did Not Exist”
(*The Watchtower* No. 5 2017)



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Have you enjoyed what you learned?

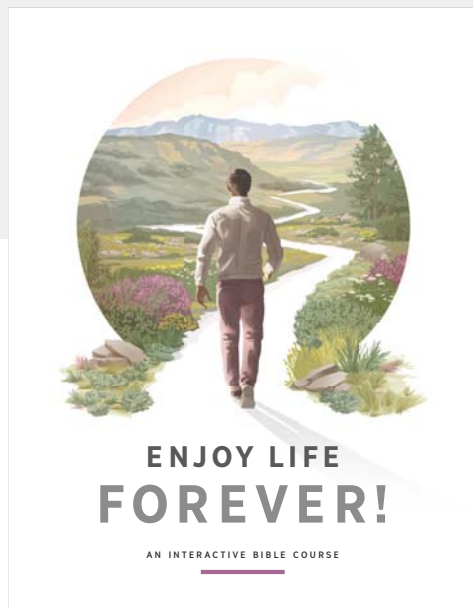
Would you like to learn more from the Bible?

This is just a sample of what we offer in the book *Enjoy Life Forever!* —*An Interactive Bible Course*.

There is no charge for either the book or the course. We will be happy to study with you at a time and place convenient for you.

In this Bible course, you will learn about many topics, including:

- The purpose of life
- How to find real peace
- How families can be happy
- What the Bible promises for the future



To obtain the book and continue with the Bible course, please contact one of Jehovah's Witnesses or submit a request on jw.org for a Bible study.

Photo Credit: Page 13, Babylon's ruins: Image © Homo Cosmicos/Shutterstock

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Is it possible to enjoy life forever?

Would you say . . .

- yes?
- no?
- maybe?

WHAT THE BIBLE SAYS

“The righteous will possess the earth, and they will live forever on it.”

—PSALM 37:29.

WHAT THAT CAN MEAN FOR YOU

A happy, peaceful future with family and friends.—JEREMIAH 29:11.

Enjoying life, not just for a short time, but forever.—PSALM 22:26.

CAN WE REALLY BELIEVE WHAT THE BIBLE PROMISES?

Yes! To see why, please consider the evidence presented in the three lessons in this brochure. They are entitled:

How Can the Bible Help You?

The Bible Gives Hope

Can You Trust the Bible?

